## ABSTRACT OF THE DISCLOSURE

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A control stick-shaped, programmable TV remote control device fixed to a base, including a infrared diode and circuitry for transmitting control signals to a television, VCR, or DVD. The ergonomic design provides a plurality of conveniently located switches for single handed control of a television, including a five position thumb switch controlling TV volume up, volume down, mute, channel up, and channel down. The quick access control stick switches may be user programmable. A microprocessor retains user selected and programmed television channels that are sequentially accessed by an index-finger trigger switch. Infrequently used television controls, such as picture quality adjustments, are located on a television control panel on the base. Similarly, VCR and DVD controls are also located on a control panel on the base. Batteries, mounted within the fixed base, provide weight to keep the remote control upright.